

# **JAPAN** 700 - present

### MAKE YOUR OWN FUNDOSHI

Samurai warriors wore fundoshi, which was made from a long strip of cloth. Here's how to dress like a samurai. Ask an adult for help.

#### SUPPLIES

- Fabric, such as an old twin-size sheet or pillowcase
- Scissors (with adult supervision)
- A measuring tape



#### STEP 1: MAKING THE BELT

Measure around your waist and write down that number. Cut a belt as long as your waist measurement PLUS another twelve inches.

#### STEP 2: MAKING THE UNDERPANTS

The fabric will be HALF as wide as the length of your waist measurement and FOUR TIMES as long. For example, if your total waist measurement was 20 inches, then cut the fabric 10 inches wide by 40 inches long. Measurements don't need to be exact.

#### STEP 3: PUTTING ON YOUR FUNDOSHI



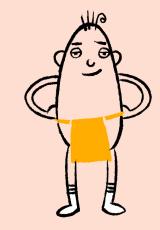


**a)** Roll the 10-inch edge of the fabric around the middle of the belt 3 or 4 times to secure it.



**c)** Bring the fabric between your legs and under the belt, toward your chest.

**b)** With the fabric covering your buns, tie the belt near your belly button.



**d)** Flip the fabric over the top of the belt. You're ready to have fun in your fundoshi!

### FURTHER READING

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- Lattimore, Deborah Nourse. I Wonder What's Under There?: A Brief History of Underwear, A Lift-the-Flap Book. New York: Harcourt Brace, 1998.
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- Swain, Ruth Freeman. Underwear: What We Wear Under There. New York: Holiday House, 2008.
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## JOKES



Q. Why does a pirate wear underpants?A. To hide his booty.



Q. What does a cloud wear under his rain jacket?A. Thunderwear